### KEY ACHIEVEMENTS

### APRIL TO SEPTEMBER 2022



#### IMPACTS AT THE INDIVIDUAL LEVEL

Interaction and feelings of inclusion:

"At first PLWD wanted to stay indoors but has transitioned to community outings. When in the community, PLWD will engage with people he knows. PLWD will often speak about life events with DFF. Social interaction has increased, especially since COVID numbers have gone down and PLWD is in the community more."

Care Partner, SaskAbilities
Program

"PLWD socializes with people in the community on an ongoing basis. He loves to be in the community where he can meet new people as well. PLWD greets individuals with a "Hi! Do you know me?" PLWD always offers to shake hands with people he meets."

Care Partner, SaskAblities
Program







## Enhanced Quality of Life

"I have noticed that he is able to provide more information about topics he talks about. PLWD has noticed that his speech has improved since he has started visiting with DFF. PLWD has asked if DFF would be able to work in Regina when they move there."

Care Partner, SaskAbilities
Program

"This is a good program, there are many lonely seniors out there and not everyone has someone like you to take them out. Thank you, I like that you don't make me walk, my knee is acting up."

PLWD, SaskAblities Program



# IMPACTS AT THE ORGANIZATIONAL & SYSTEMS LEVEL

- Businesses and institutions demonstrate increased interest to provide more dementia friendly services:
  - The Yorkton Pharmasave hosted a dementia friendly education event for four staff.
  - The Yorkton Parkland Library provided a library card for the SaskAbilities Life Enrichment program, enabling program facilitators to access relevant resources for PLWD and Care Partners.
- Increased stakeholder outreach and engagement with 17 organizations and businesses across 11 communities.
- Continuous collaboration across COs through referrals and promotion of other CO programs

### IMPACTS AT THE COMMUNITY LEVEL

- Increased dementia friendly services at businesses - 3 restaurants (Esterhazy Bowling Alley, Mano's Restaurant in Yorkton and the Golf Course Club House) provide quiet and accessible spaces for group outings for participants of the Life Enrichment program
- Project news published in local media- Yorkton This Week and The Preeceville Progress. The publications led to requests for dementia friendly training by organizations

- New Partnerships developed with the Saskatchewan Health Authority Medical Social Work departments in Yorkton, Esterhazy and Kamsack areas
- 6 in-person ABCs of dementia hosted with 133 attendees from 6 communities (Yorkton, Kamsack, Melville, Saltcoats, Sturgis and Norquay).
- Awareness campaign approximately 37,900 individuals reached via social media posts

### IMPACTS AT THE POLICY LEVEL

- The City of Melville requested and organized dementia friendly training event for staff of two departments
- Continued engagement of the Mayor of City of Yorkton at Community Table and Evaluation activities

#### **ABBREVIATIONS**

**SPHERU:** Saskatchewan Population Health and Evaluation Research Unit; **PLWD:** Persons Living With Dementia; **DFF:** Dementia Friendly Facilitator;

**CO:** Collaborating Organization

For more information, visit our website: RuralDementiaSK.ca

